

Appendix A Roster and Bench Sizes

Sport	IN SEASON						POST SEASON	
	Number of Participants at HOME			Number of Participants at AWAY			Number of Participants	
	Minimum ⁽¹⁾	Maximum	Allowed on Bench	Minimum ⁽¹⁾	Maximum	Allowed on Bench	Maximum	Allowed on Bench
Basketball (M&W)	8	12 ⁽²⁾	12 + 10	8	12 ⁽²⁾	12 + 10	12	12 + 10
Cross-country (M&W)	5	14	not applicable	5	14	not applicable	14	not applicable
Field Hockey (W)	8	16	16 +4	8	16	16 +4	16	16 +4
Football (M)	36	50	unlimited	36	45	unlimited	Bowl games/Vanier Cup ⁽⁸⁾	unlimited
Golf (M)	4	5	not applicable	4	5	not applicable	5	not applicable
Golf (W)	3	5	not applicable	3	5	not applicable	5	not applicable
Ice Hockey (M)	12	20 ⁽³⁾	20 +6 ⁽⁶⁾	12	20 ⁽³⁾	20 +6 ⁽⁶⁾	22 ⁽⁴⁾	20 +6 ⁽⁶⁾
Ice Hockey (W)	12	20 ⁽³⁾	20 +5 ⁽⁶⁾	12	20 ⁽³⁾	20 +5 ⁽⁶⁾	22 ⁽⁴⁾	20 +5 ⁽⁶⁾
Rugby (W)	15	25	25 +5	15	25	25 +5	25	25 +5
Rugby 7's (W)	7 (10) ⁽⁹⁾			7 (10) ⁽⁹⁾				
Soccer (M&W)	14	18	18 +7	14	18	18 +7	18	18 +7
Swimming (M&W)	-	18	not applicable	-	18	not applicable	18	not applicable
Track & Field (M&W)	-	29 ⁽⁵⁾	not applicable	-	29 ⁽⁵⁾	not applicable	29 ⁽⁵⁾	not applicable
Volleyball (M&W)	8	14	14 +10	8	14	14 +10	14	14 +10
Wrestling - Men	-	10	not applicable	-	10	not applicable	11	not applicable
Wrestling – Women	-	8	not applicable	-	8	not applicable	8	not applicable
There are no frozen rosters for league play with the exception of women's ice hockey ⁽⁷⁾						Rosters for both teams are frozen during a play-off series with the exception of men's ice hockey.		

NOTATIONS:

- (1) The minimum participant numbers for men's and women's cross country and men's and women's golf are necessary to qualify for the team competition. This does not prevent institutions from sending fewer participants to compete for the individual championship.
- (2) The home team may dress up to a maximum of fourteen (14) players for warm-up, but only twelve 12 players' names may appear on the official score sheet.
- (3) Ice Hockey (M & W) - Must have two (2) goaltenders.
- (4) Ice Hockey (M & W) - Teams shall declare a roster of 20 skaters plus 2 goaltenders.
- (5) T & F – Maximum team size 49 with a maximum of 29 of one gender.
- (6) Team may add one additional team personnel if the additional personnel is a student-trainer.
- (7) Ice Hockey (W) - See section 2.2.2 of playing regulations.
- (8) Football - Canada West post-season roster sizes are tied to roster sizes for the national semi-finals and Vanier Cup
- (9) Rugby 7s - A minimum of 7 players is required to start a match. Teams need 10 available players to start a tournament.