



## PLAYING REGULATIONS: MEN'S HOCKEY

### 1. SPORT FORMAT

Canada West will follow the U SPORTS Playing Regulations. This document provides additional regulations that will also be followed or that may supersede a U SPORTS Playing Regulation.

### 2. TEAM COMPOSITION (Also refer to Policy 7 & 9 of Canada West Operations Manual)

#### 2.1 League Play

1. The home team shall be allowed to dress twenty (20) players; two (2) goaltenders and eighteen (18) skaters; for each game.
2. The visiting team shall be allowed to declare and dress twenty (20) players; two (2) goaltenders and eighteen (18) skaters, for each game.
3. The rosters are not frozen for a weekend series.
4. The minimum roster size is twelve (12) skaters and two (2) goaltenders.
5. A total of 26 individuals (20 participating athletes and 6 team personnel) will be allowed on the bench or team bench area. Note: A team may add one more additional team personnel if they are a student-trainer.

#### 2.2 Playoffs

1. Players who have used a year of eligibility during the regular season shall be allowed to play in the play-offs. Teams shall be allowed to dress eighteen (18) skaters and two (2) goaltenders for each game. Roster shall not be frozen.
2. In the event that one of the original two goaltenders is injured during a given series, a third goaltender may dress in the 2nd game, but not as the starter. As noted in the Canada West eligibility policy, the usual notification rule for eligibility purposes will be waived.
3. A total of 26 individuals (20 participating athletes and 6 team personnel) will be allowed on the bench or team bench area. Note: A team may add one more additional team personnel if they are a student-trainer.

### 3. LEAGUE / SEASON FORMAT (Also refer to Policy 8 of the Canada West Operations Manual)

- 3.1. Coaches must exchange line-up sheets with each other and their SID three hours prior to the start of the game. Visiting SID will forward the completed line-up sheets to the host SID. The host SID will provide 5 copies (where possible) of both team's line-up sheets to the opposing team, broadcast team and statisticians prior to the game. If printing is unavailable, host SID will email line-up sheets to all

# MEN'S HOCKEY REGULATIONS

- parties. At the start of the season, the Canada West Communications Director will email a standardize form for coaches to use.
- 3.2. After warm-up, the scorekeeper/timekeeper will provide the referees with the starters for both teams after the coaches have signed the game sheet. If, for whatever reason, the starting line-up needs to be changed after warm-up, the officials and the opposing coach needs to be aware of this change prior to the opening face-off. After the national anthem is completed, the linesmen will confirm the starting line-up, while on the ice. Should the opposition coach notice that a change has occurred, they will make the referee aware of the situation at the first stoppage. At that time a bench minor penalty will be issued, if it is confirmed that the starting line-up was not correct.
  - 3.3. If a game ends in a tie after regulation time, then overtime will be a five-minute period of play with 4 players and a goalie per side (4-on-4). If still tied, teams will proceed to a five-minute period of 3-on-3.
  - 3.4. If neither team scores in the two five-minute overtime periods, then 3-player shootout will take place. If it is tied after the 3-player shootout it will go to a sudden victory shootout. The home team will have the choice in the order of shooting. An ice clean of three (3) swipes shall take place between the 3 vs. 3 overtime period and the shootout. The entire game roster (all skaters) must first attempt the shootout before any player is allowed to shoot a second time. All players will be eligible except those serving misconducts at the end of regulation time. Goals scored in the shootout shall not be reflected in league statistics.
  - 3.5. After a tie game, one point shall be awarded to both teams. If one team scores in 4-on-4 or 3-on-3, of overtime, they shall receive an additional point. The results will then show two (2) points awarded for an over-time win and one (1) point for an overtime loss.
  - 3.6. Scoring for league standings:

Win = 2 points	Overtime Win = 2 points
Loss = 0 points	Overtime Loss = 1 point

### 3.7. Tie Breaking Procedures:

**Final league standings, at the conclusion of league play, shall be based on each teams' points as per 3.6.**

**If two or more teams are tied in points then the following tie breaking criteria shall be used to break the tie. A win in regulation time and a win in overtime are treated as equal. A loss in regulation time and a loss in overtime are treated as equal.**

#### a. Two teams tied:

**The following shall determine the final league standings:**

1. **The best win/loss record in head to head games between the two teams.**
2. **If still tied, the number of wins in league play.**
3. **If still tied, the best goals for/goals against differential in league play.**

# MEN'S HOCKEY REGULATIONS

## b. Three or more teams tied:

If three or more teams are tied, the following steps shall be used to determine the rank order of the tied teams:

1. The best win/loss record in head to head games between the three or more tied teams.
2. If three or more teams are still tied, the highest number of wins in league play.
3. If three or more teams are still tied, the best goals for/goals against differential in league play.

**Note:** Once a team is ranked so that it is no longer tied with any other team(s) at any one of these three steps, that team shall be ranked accordingly in the final standings. Any remaining tied teams shall then proceed to step 1 of the appropriate tiebreaker (depending on the number of teams still tied) to continue the process until all teams are ranked in the final standings.

## 4. PLAYOFF / CHAMPIONSHIP FORMAT (Also refer to Policy 8 of the Canada West Operations Manual)

4.1 Top six teams advancing to playoffs which consist of:

### Round 1: Quarter-Finals (Best-of-three- series)

6 @ 3

5 @ 4

1<sup>st</sup> Place: Bye

2<sup>nd</sup> Place: Bye

### Round 2: Semi-Finals (Best-of-three- series)

Quarter-Final winner with lowest point total @ No. 1

Quarter-Final winner with highest point total @ No. 2

### Round 3: Canada West Final (Best-of-three- series)

Semi-Final winners @ highest remaining seed

- 3.1 The visiting team, for playoffs only, shall be designated as the home team for the second game of the three (3) game series for the purpose of lineup submissions. (i.e. they submit their lineup after the host team), line changes and face-off alignment only. The host team will remain the home team on the score sheet, scoreboard and in the choice of ends. For **2022-23, the home team wears colored/dark jerseys and the visiting team wears white/light jerseys** and the teams switch colors for the second game to reflect home and away.
- 3.2 Playoff overtime. If the teams are tied after regulation, the teams will take

# MEN'S HOCKEY REGULATIONS

the normal break, there will be a regular flood and sudden victory. A twenty (20) minutes period will be played until a goal is scored. If the teams are tied after the first period of overtime, the teams will take the normal break and there will be a regular flood followed by another A twenty (20) minutes sudden victory period. This process will be followed until a goal is scored.

## 4. UNIFORMS (Also refer to Policy 9 of Canada West Operations Manual)

- 4.1 The jersey protocol will be flipped every other year. Exceptions to the rule must be communicated to your opponent well in advance and mutually agreed upon if your team is wearing a “special” jersey/uniform that is directly related to a special promotion or theme for the game in question.

**Rotation:**

2022-2023: home team – colored/dark jerseys, visiting team – white/light jerseys

**2023-2024: home team - white/light jerseys, visiting team - colored/dark jerseys**

- 4.2 Teams must ensure the placements of the Canada West logo on all team helmets. The logo must be in color, no smaller than 1.25 inches (height) by 2 inches (width) in size and adhered to the new Canada West Identity Guide. The placement of the logo must be consistent within the entire team (e.g.: all on the back right, or all on the back left).
- 4.3 All Canada West members are required to have the Canada West brand on all new uniforms, as per the specifications in the Canada West Brand ID Guide. The Canada West Office shall proof branding on uniforms to ensure guidelines are met.

## 5. RULES

- 5.1 OFFICIALS (on ice)
1. The two referees will do a pregame handshake and introductions with the head coaches on the ice prior to puck drop.
  2. The Referee Assignor must communicate with the Referee-in-Chief (RIC) prior to the start of the season.
  3. The RIC shall meet with officials assigned to work university hockey games, to discuss rule interpretations and Canada West concerns.
  4. It will be the responsibility of the Canada West RIC to ensure that all officials receive updated Playing Regulations. See the Suspension Draft Chart (Appendix A).
  5. The number of referees in each league member city to be designated to LiveStat shall be at the discretion of the Officials Coordinator, in consultation with the local Branch at the commencement of league play each year. These referees should normally be the only ones permitted to officiate during the

# MEN'S HOCKEY REGULATIONS

course of league play.

6. Rates paid to game officials shall be negotiated by the RIC for Ice Hockey on behalf of the conference for league and playoff games. The RIC is to ensure that an acceptable fee standard is reached.

## 5.2 OFFICIALS (off ice)

1. Each Canada West school shall provide minor officials for each scheduled league and playoff game. The minor officials shall be:
  - \* Scorekeeper
  - \* Timekeeper
  - \* Public Address Announcer
  - \* 2 - Goal Judges
  - \* 2 - Penalty Box Attendants, if possible
2. For all league and playoff games, only the current Canada West approved score sheets and statistical sheets shall be used.
3. Scoresheets are to be properly completed prior, during and after the game as per Hockey Canada regulations. Copies are to be distributed to the appropriate parties.
4. Statistical Summary Sheets are to be properly completed and distributed to the appropriate parties at the end of the game.
5. The referee will write an incident report for any major or misconduct penalties called during the game. That report will be photographed or scanned by event staff and sent via email to both coaches and to the Canada West RIC immediately following the game.
6. For all non-conference and exhibition, game sheets need to be submitted by the host institution to the Canada West RIC within two (2) hour of the game finishing. If the host team is not a Canada West member, the visiting team (Canada West member) is responsible for submitting the game sheet within 16 hours of the conclusion of the game. Fines shall be assessed to offending Members for failure to adhere to the above requirement. Refer to the Association's Finance Policy for the complete list of fines.

## 5.3 EQUIPMENT

1. Internal Mouth Guards - must be worn as per Hockey Canada regulations. Failure to comply will result in the following penalties:
  - \* First offense - a warning will be issued by the referee.
  - \* Continual or subsequent offenses in the game - will result in a 10-minute misconduct for each offense per U SPORTS and Hockey Canada regulations.
2. All teams shall have individual name bars on both home and away jerseys as of the first league game. Exceptions to the rule may be approved by the Canada West Office when the team is required to wear a "special" jersey/uniform that is directly related to a special promotion or theme for the game in question.

## 5.4 STOPPAGE OF PLAY

1. If there is an altercation on the ice, all players not directly involved must go immediately to their respective players' boxes.
2. If there is an altercation in the vicinity of the players' boxes, all players not directly involved must go immediately to their respective goal crease area.
3. Failure to comply with either 6.4.1 or 6.4.2 results in a minor penalty.
4. Following the stoppage of play, players must proceed to the ensuing face-off location.
5. Failure to comply with 6.4.4 results in a minor penalty for delay of game. Officials are encouraged to identify the offenders.
6. When players are penalized at a stoppage of play resulting in penalties being placed on the penalty time clock to one team, the ensuing face-off shall be conducted at one of two face-off spots in the offending team's end. **The Team going on the Powerplay will have their choice of which side of the ice (right or left) the first faceoff is on after the penalty call.** There are four exceptions to this application:
  - \* When a penalty is assessed after the scoring of a goal – face-off at center ice.
  - \* When a penalty is assessed at the end or start of a period – face-off at center ice.
  - \* When the defending team is about to be penalized and the attacking players enter the attacking zone beyond the outer edge of the end zone face-off circle – face off in the neutral zone.
  - \* When the team not being penalized ices the puck – face-off in neutral zone outside the blue line of the team icing the puck.
7. Icing - Regular Hockey Canada icing rules apply with the following exception: A team is not permitted to make a player change following an icing call against their team, even if they elect to utilize a time out during the stoppage of play.

## 5.5 TEAM LEAVING THE ICE DURING COMPETITION

When a team leaves the ice prior to the completion of a game, in addition to penalties outlined in the Hockey Canada Rule Book, a written report by the Referee shall be submitted to the RIC and to both the Executive Director and President of Canada West.

## 5.6 HYBRID ICING (As per IIHF Rule 65)

Will be utilized for CW play.

1. Should a player of a team equal or superior in numerical strength propel the puck in any manner (stick, glove, skate, body) from his own half of the ice to beyond the icing line of the opposing team – including off the boards or the protective glass –

# MEN'S HOCKEY REGULATIONS

without the puck being touched by any player from either team in the offensive half of the ice before the puck crosses the icing line, an icing will be in effect.

2. There are two decisions a linesman must make under hybrid icing rules. First, they must determine that the shot from a player's own side of centre ice will cross the icing line in the attacking zone. Second, they must determine whether a defending skater or attacking skater would be first to touch the puck.

3. This second decision must be made no later than the instant the first of the players reaches the end zone faceoff spots, although the decision can be made earlier. The skates of the skaters are the determining factor.

4. Should the puck be shot or propelled in such a way that it travels around the boards and slides back towards centre ice, the linesman will determine which player would be first to touch the puck. In this instance, the determining factor is not the end zone faceoff spots but the puck itself.

5. If there is no "race" for the puck, icing will be not called until a defending player crosses his defending blue line and the puck crosses the icing line.

6. If the race for the puck is too close to determine which player from which team would touch the puck first, icing will be called

7. During an icing situation where the icing has been cancelled because an attacking player has gained positional advantage, players must compete within the rules pertaining to physical contact.

## 6. **AWARDS** (Also refer to Policy 15 of the Canada West Operations Manual)

Teams competing in the Canada West Championship will be competing for the Dr. W. G. Hardy Trophy.

### 6.1 All Star Team Selection

1. Each coach, at the end of the league schedule, will nominate players from their own team whom they feel are of All-Star caliber. The maximum number of nominees from each team shall be six (6) composed of:
  - \* One Goaltender
  - \* Two Defencemen
  - \* Three Forwards
2. Each coach will prioritize their nominees.
3. These nominating ballots shall be sent to the Canada West RIC or

# MEN'S HOCKEY REGULATIONS

designate, who places this information on a final voting ballot, and then forwards these final ballots to all the head coaches in the league either by e-mail or Fax.

4. The head coaches, in consultation with their assistant coaches, will then vote for an All- Opponents Team, rating each of their choices at the various positions as first, second, third, etc. There will only one ballot permitted from each of the head coaches of the participating universities.
5. The Canada West Office, upon completion of the final ballot tabulation, will send to the President of the Hockey Coaches' Association:
  - \* The results of the voting and the cumulative total for all nominees for ranking purposes
  - \* A copy of the final ballots submitted by each coach.
6. All ballots will be disclosed to all coaches by the RIC or designate upon completion of the final ballot tabulation.

## 6.2 Player of the Year

The Player of the Year shall be selected by votes by all head coaches in same format as that used for the All-Stars Team. The winner is the nominee for the Senator Joseph A. Sullivan Trophy, which is presented to the most outstanding player in U SPORTS.

## 6.3 Outstanding Defenseman (Mervyn "Red" Dutton Trophy)

The Outstanding Defenseman shall be selected by votes by all head coaches in same format as that used for the All-Stars Team. The winner is the nominee for the U SPORTS Defenseman of the Year award.

## 6.4 Goaltender of the Year shall be the person named to the 1<sup>st</sup> All-Star Team.

## 6.5 Rookie of the Year (U of A Hockey Alumni)

1. To be eligible players must be a maximum of twenty-one years as of September 1st and in their first year of eligibility.
2. Selection of Rookie of the Year shall be selected by votes by all head coaches in same format as that used for the All-Stars Team.
3. The winner is the nominee for the U SPORTS Rookie of the Year (Clare Drake Trophy)

## 6.6 All-Rookie Team

1. To be eligible, players must be a maximum of twenty-one years as of September 1st and in their first year of eligibility.
2. The All-Rookie Team shall be the Canada West nominees to U SPORTS, for consideration for the U SPORTS All-Canadian Rookie Team.
3. Selection of All Rookie Team shall be selected by votes by all head coaches in



## MEN'S HOCKEY REGULATIONS

same format as that used for the All-Stars Team.

- 6.7 Sportsmanship & Athletic Ability (UBC Alumni Trophy)
  1. Selection of the Sportsmanship & Athletic Ability award shall follow the same format as that used for the All-Star teams.
  2. The winner is nominee for the U SPORTS Most Sportsmanlike Player of the Year - R.W. Pugh Award.
  
- 6.8 Student Athlete Community Service Award
  1. Selection of shall follow the Student Athlete Community Service Award same format as that used for the All-Stars Team.
  2. The winner is the nominee for the U SPORTS Student- Athlete Community Service (Randy Gregg Award)
  
- 6.9 Coach of the Year - Selection for Coach of the Year shall follow the same format as that used for the All- Stars.
  
- 6.10 Ties that occur in 7.1 to 7.8 shall be broken by head coaches who do not have players involved or are not part of the Coach of the Year tie.
  
- 6.11 Top Scorer (*Dave "Sweeney" Schriener Scoring Trophy*) is awarded each season to the scoring leader of the Canada West Hockey conference.
  
- 6.12 The Adam Kryczka Memorial Trophy is an annual award given to the goaltender(s) on the team with the fewest goals against during regular season play.

All goals against (GA) a team count in the determination of the award, including empty net goals.

If there is a tie in the fewest number of goals scored against a team, the tie will not be broken.
  
- 6.13 The Fair Play Trophy is awarded to the team with the fewest penalty minutes each year based upon league play.
  
- 6.14 The Canada West-Western Hockey League Graduate of the Month Award, donated by the WHL, shall be selected through a voting process by conference coaches as conducted by the Associate Director, Communications and Marketing. Nominations are to be received by the Associate Director, Communications and Marketing by 5:00 p.m. (Mountain) on the first Monday of each month unless noted in advance due to unusual scheduling circumstances. The list of prizes, subject to any change by the WHL, include a \$500 cheque towards the cost of education, a plaque, a letter from WHL Commissioner Ron Robison and a computer bag. Canada West will also honour

# MEN'S HOCKEY REGULATIONS

recipient at a home game, with an invitation to appear on the WHL Radio Show.

- 6.15 Canada West award winners must be formally recognized at the Canada West Championship. It is at the discretion of the host whether the recognition is made at the competition itself or through some other ceremony/banquet, etc. held in conjunction with the Championship.

## 7. SPORT ADMINISTRATION (Also refer to Policy 9 of the Canada West Operations Manual)

### 7.1 HOSTING RESPONSIBILITIES

1. Practices shall commence at the discretion of the individual university.
2. Canada West requires the installation of Quick Release Goal Nets in all facilities used for interuniversity competition and/or practices.
3. Five (5) minutes prior to the start of the pre-game warm-up for all Canada West games, the timekeeper shall start the arena clock showing twenty-five (25) minutes. Pre-game warm-up will then commence with twenty (20) minutes showing on the clock and end at the buzzer.
4. The in-between period length for all league and playoff games is sixteen (16) minutes. The time is posted on the time clock at the end of the period. Any promotions taking place within the 16 minutes must not last more than five (5) minutes. The length of the break may be extended to 18 minutes for promotional purposes. The visiting team and officials must be advised prior to the start of the game.
5. Each host is permitted to include a one (1) minute promotional time-out after the stoppage in play nearest the 10-minute mark of each period. Regular time-outs will apply. Confirmation of their usage will be indicated twenty (20) minutes prior to game time.
6. The home team shall provide the visiting teams with the following items for each league and playoff game:
  - \* 30 Towels
  - \* 2 large jugs for water/Gatorade
  - \* Laundry service where possible
  - \* Skate sharpening service (where possible, for the second and third games of a weekend series only)
  - \* 2 bikes where possible
  - \* Cooler of Ice for medical purposes
7. Where possible, the home team shall provide the visiting team access to their dressing room 3 hours prior to the start of the game.
8. Where possible, the home team shall secure ice time for the visiting team on the Friday prior to a weekend series. Specific time and, if applicable, rates we to be negotiated between the host and visiting team.

## 7.2 Referee-in-Chief

The RIC shall:

1. Work in liaison with the Hockey Canada, its Branch Offices, and the various Officials' Associations and the coaches to establish uniformity in officiating.
2. Supply to each participating institution, a Referee Report Card, to be completed regularly by each coach, and forwarded to the RIC at the end of the month.
3. Nominate 6 to 8 Referees for the U SPORTS Championships as per the U SPORTS Playing Regulations.
4. Be responsible for keeping a record of all accumulative penalties on each player and coach in Canada West and distributing them to each coach on a monthly basis.

Note: Deletion of 'accumulation from first conference game, etc.

5. Inform all coaches, Athletic Directors and the Canada West Office of any and all suspensions as they occur.

## 7.3 Coaches Committee Chair – Ian Herbers (Alberta) for the 2022-23 season.

### 8. MEDICAL SUPPORT SERVICES

Refer to Policy 14 of the Canada West Operations Manual for host and visiting team responsibilities.

### 9. GAME PROTESTS

Refer to Policy 10 of the Canada West Operations Manual for policy.

### 10. FILM EXCHANGE

Refer to Policy 11 of the Canada West Operations Manual for policy and timelines.

### 11. SUSPENSIONS AND REVIEW OF SUSPENDABLE CALLS

- 11.1 All suspensions resulting from play in conference games shall be served in conference games and all suspensions resulting from play in non-conference games shall be served in the next scheduled game.

The RIC has the discretionary power to cancel the automatic one game suspension for a Canada West player who has received a fighting major, but only when that Canada West player is involved in a fight against a non U SPORTS/ Canada West team. The suspension cancellation is not automatic and must be initiated and appealed by the Canada West coach to the RIC. The Canada West player will still receive the five-minute fighting penalty plus the Game Misconduct.

- 11.2 CW will review all major penalties that have automatic suspensions guidelines under the CW Men's Hockey Playing Regulations. The Major Penalty Video Review may be used to confirm or overturn the call on the ice so no additional

suspension will be assessed.

- Fighting
- Checking from Behind
- Checking to the Head

This application would be for games played within the Canada West Conference. The review will only be for the penalized player/s listed on the game sheet and game report.

If a team feels additional penalties should have been called that warranted suspension on the same play, the team will have to submit a supplemental discipline request.

- No additional suspensions will be handed out without the supplemental discipline request.
- No match penalty can be reviewed.
- The team of the penalized player must:
  - Send video to the RIC by 7 a.m. MST.

### 13.3 SUSPENDED/EJECTED COACH OR PLAYER

**1) A suspended/ejected coach must adhere to the following (for non-conference, league, and playoffs):**

- a. Will not be permitted anywhere within the playing venue from one hour before until 30 minutes after their games.**
- b. Coaches ejected during a game are to leave the vicinity of the playing surface, dressing room and benches, and cease all engagement with any participants, including players, coaches, officials, spectators etc. until 30 minutes after the game concludes.**

**Note 1: Where a Team Official is ordered to the dressing room under this rule, it is sufficient that they are away from the Players' or Penalty Bench and are not directing or interacting with the teams in any manner and in no way interacting with or bothering the officials. Should the individual violate this rule, they will be penalized in accordance with Hockey Canada Rule 10.4 (f) – Leaving the Players' or Penalty Bench.**

**10.4 (f) A Gross Misconduct penalty will be assessed to any player or team official who, having been removed from the game due to a Game Ejection, Game Misconduct, Gross Misconduct, or Match penalty, returns to the ice surface or becomes involved with or disrupts the game in any way.**

- c. Coaches suspended for a game may not be within the vicinity of the playing surface, dressing rooms and benches as of 60 minutes prior to the game; during this time coaches may not have any interaction with the team, through technology or other means, until 30 minutes after the game has been completed.**

- 2) A suspended/ejected player must adhere to the following (for non-conference, league, and playoffs):
  - a. Student athlete suspended can be in the venue and should be as close as possible to the team bench without being on the team bench.
  - b. Are not allowed within the field of play during competition.
  - c. Student athletes suspended can join in the locker room only after the game is complete.
  
14. **GENERAL MISCONDUCT AND DANGEROUS PLAY: (SERIOUS MISCONDUCT) IN COMPETITION**

Refer to Canada West Operations Manual - Policy 6:  
Section 1 for CODE OF CONDUCT EXPECTATIONS  
Section 2 for GENERAL MISCONDUCT AND COMPLAINT PROCESS  
Section 3 for FIELD OF PLAY: DANGEROUS PLAY (SERIOUS MISCONDUCT) IN COMPETITION
  
15. **RESULTS, STATISTICS AND SCORESHEET MANAGEMENT**

Refer to Policy 13 of the Canada West Operations Manual for regulations and procedures regarding statistical reports and results/scoresheet management.
  
16. **APPENDICES**
  - A. Canada West Penalty and Sanction Chart

# MEN'S HOCKEY REGULATIONS

## APPENDIX A - Canada West Penalty and Sanction Chart

Description	Rule	Sanction		
		1 <sup>st</sup> Offense	2 <sup>nd</sup> Offense	3 <sup>rd</sup> Offense
Instigator in a Fight	U SPORTS 6.4.1	2 games	Four games	Min. 8 games + Review
Aggressor in a Fight	U SPORTS 6.4.1	1 game	2 games	4 games
5 min fighting major	U SPORTS 6.4.2.1	Game misconduct plus 1 game	2 games	3 games
Player(s) identified as being involved in the 2 <sup>nd</sup> , 3 <sup>rd</sup> , or subsequent fight during the same stoppage of play	U SPORTS 6.4.2.2	2 games	3 games	Min. 4 games + review
Player(s) 3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> etc. into a fight	U SPORTS 6.4.2.3	2 games	3 games	Min. 4 games + review
Players' leaving the bench or penalty bench during a fight or for the purpose of starting a fight	U SPORTS 6.4.2.4	2 games	3 games	Min. 4 games + review
Verbal abuse of a game official	U SPORTS 6.4.2.5	1 game	3 games	Suspended Indefinitely
Checking from Behind (minor)	U SPORTS 6.4.2.6	Zero games	Zero games	1 game
Checking from Behind (major)	U SPORTS 6.4.2.7	1 game	2 games	Suspended Indefinitely
Checking to the Head (major)	U SPORTS 6.4.2.8	1 game	2 games	Suspended Indefinitely
Gross Misconduct Penalties	U SPORTS 6.4.3	Minimum 2 games	*see note	
Hair pulling or spitting	U SPORTS 6.4.4.1	Minimum 2 games + Review	Suspended Indefinitely	
Butt ending, head butting or grabbing facemask	U SPORTS 6.4.4.2	Minimum 3 games + Review	Suspended Indefinitely	
Spearing, kicking or stick swinging	U SPORTS 6.4.4.3	Minimum 3 games + Review	Suspended Indefinitely	
Deliberate attempt to injure	U SPORTS 6.4.4.4	Minimum 4 games + review	Suspended Indefinitely	
Stick related penalties	U SPORTS 6.7.2	Game ejection for 3 stick infractions in the same game	1 game	Suspended Indefinitely

\*A second gross misconduct assessed to the same player in the same season results in a minimum of a one-season suspension including play-offs, plus review by the Association President or designate prior to reinstatement.  
**Any match penalty not covered in U SPORTS Policy 6.4.4 – 2 game suspension and automatic review**