



PLAYING REGULATIONS: MEN'S AND WOMEN'S WRESTLING

1. SPORT FORMAT

Canada West will follow the U SPORTS Playing Regulations. This document provides additional regulations that will also be followed or supersede a U SPORTS Playing Regulations.

2. TEAM COMPOSITION (Also refer to Section 7 & 9 of Canada West Operations Manual)

2.1 An athlete must compete in at least **one (1)** Canada West sanctioned events by representing their institution during the competitive season in order to be eligible to compete in the Canada West Championship. The sanctioned event must be a Canada West University meet for university student athletes OR one of the open tournaments currently hosted by the wrestling institutions in Canada West. These events would be declared each year at the annual coaches meeting.

3. LEAGUE / SEASON FORMAT (Also refer to Section 8 of the Canada West Operations Manual)

- 3.1 Weight classes are as per U SPORTS Playing Regulations for university, open and championship meets.
- 3.2 All Canada West events must be sanctioned by the PSO of the host institution.
- 3.3 All Canada West events must have qualified and adequate number of officials, including at least one nationally rated official per mat. The On Mat and pairing officials must be approved by the PSO's Officials Association.
- 3.6 University and open meets should use the 'classification point scoring system' outlined in the Wrestling Canada Rulebook.
- 3.7 Institutions must use the full University name to designate varsity athletes in open competition.
- 3.8 For all tournaments the results package must include the entry list or the bracket of competitors.

3. PLAYOFF / CHAMPIONSHIP FORMAT (Also refer to Section 8 of the Canada West Operations Manual)

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- 4.1 The Official Final Roster Form (Appendix A) shall be submitted by each participating institution to the Chief Official one hour prior to the start of the official weigh-in time.
- 4.2 The Canada West Championship shall be held over one (1) **or** two (2) days, two (2) weeks prior to the U SPORTS Championships
- 4.3 The competition shall use one(1) mat in dual meet format at the Canada West Championship. Each gender's competition must be completed in one day with the weigh in the previous day. The Championship schedule will be determined by the host institution.

The final schedule is to be created by the host institution and circulated four (4) weeks prior to the Canada West Championship. It is to include the weight classes, the draw, the match times, the competition mat numbers, the medical check and weigh-in times, the coaches meeting time (and a call for coaches meeting agenda items), and the awards banquet (if occurring) cost and details.

Canada West award winners must be formally recognized at the Canada West Championship. It is at the discretion of the host whether the recognition is made at the competition itself or through some other ceremony/banquet, etc. held in conjunction with the Championship.

- 4.4 Medicals are to take place on the evening prior to competition commencing. Student-athletes must pass the medical before proceeding to the weigh-in. Athletes must weigh-in wearing their official school singlets that will be worn in the competition.
- 4.5 The official scale and comparable check scale(s) will be made available to the competitors three (3)hours prior to the medicals and weigh-ins. The host institution will provide a minimum of two (2) official scales for weigh-ins.
- 4.6 In order to determine individual weight class placements, the UWW classification point system will be used. When two athletes are tied with positive classification points, the tie-breaking procedures to determine the higher placing athlete will be determined by the result of the head to head match between the two athletes.
- 4.7 For Canada West Championship team placement, the following scoring system will be used.

1 st Place	5 Points
2 nd Place	3 Points
3 rd Place	1 Points

5. UNIFORMS (Also refer to Section 9 of Canada West Operations Manual)

- 5.1 All Canada West members are required to have the Canada West brand on all new uniforms, as per the specifications in the Canada West Brand ID Guide. The Canada West Office shall proof branding on uniforms to ensure guidelines are met.

6. RULES

- 6.1 The Wrestling Canada Classification for round robin competition will be used.
- 6.2 Each university and open tournament must have one (1) national "A" rated official in attendance with three officials assigned per mat.
- 6.3 The Canada West Championship requires a minimum of five (5) nationally rated officials. A national "A" rated official shall be the Head Official.
- 6.4 The conference host institution is to work with the local wrestling official's association to assign officials. If more officials are necessary, they are to be brought in from the closest locations possible.
- 6.5 Each traveling institution competing in the Canada West Championship shall be responsible for the funding of travel to the Championship for one official, rated at the national 'A' or 'B' level. The host institution shall cover accommodations and per diems for the traveling official. Host payments of official's fees are to follow the U SPORTS Wrestling Playing Regulations. Tickets for the Awards Banquet are at the discretion of the Host.
- 6.6 Appropriate wrestling headgear is permissible, as are singlets with school colours.

7. AWARDS (Also refer to Section 15 of the Canada West Operations Manual)

Teams competing in the Canada West Men's Championship will be competing for the Rawson Trophy.

Teams competing in the Canada West Women's Championship will be competing for the Canada West Trophy

7.1 All Stars Team

- i. The gold medalists in the men and women's events at the Canada West Championship will make up the 1st Team Conference All-Stars.
- ii. The silver medalists in the men and women's events at the Canada West Championship will make up the 2nd Team Conference All-Stars.

7.2 Athlete of the Year

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- i. An Athlete of the Year in both the Men and Women's events will be selected annually.
- ii. Criteria for selection are based on an individuals' performance at the Canada West Championship.
- iii. Coaches will be provided with a ballot at the site of the Canada West Championship and must submit their vote to the Canada West Championship Tournament Director following the last round on Saturday.

7.3 Rookie of the Year

- i. Nominated athletes must be 21 years of age or under as of September 1st in the academic year of their rookie season
- ii. Nominated athletes must not have consumed any eligibility as defined by U SPORTS regulations.
- iii. Coaches will be provided with a ballot at the site of the Canada West Championship and must submit their vote to the Canada West Championship Tournament Director following the last round on Saturday.

7.4 Coach of the Year

- i. Coach of the Year in both the Men and Women's events will be selected annually.
- ii. Criteria for selection are based on the athletes/team's performance during the season including the Canada West Championship.
- iii. Coaches will be provided with a ballot at the site of the Canada West Championship and must submit their vote to the Canada West Championship Tournament Director following the last round on Saturday.

7.5 Student-Athlete Community Service Award

- i. Student-Athlete Community Service Award in both the Men and Women's events will be selected annually.
- ii. Recipient who best exhibits outstanding achievements in three (3) areas: wrestling, academics, and community involvement.
- iii. Nominations for the Student-Athlete Community Service Award shall be submitted to the Canada West Championship Tournament Director prior to the championship using the form in Appendix C.
- iv. The recipient of this award will be the nominee for the U SPORTS Student-Athlete Community Service Award.

8. SPORT ADMINISTRATION (Also refer to Section 9 of the Canada West Operations Manual)

- 8.1 A medical doctor must attend all university and open competitions including the Canada West Championship.
- 8.2 A facility with suitable PA system, mat side seating for teams and spectator seating

- 8.3 A Program of events that lists each team's line up.
- 8.4 A regulation sized wrestling mat and adequate score clock.
- 8.5 All minor officials
- 8.6 To send all final meet results to the appropriate authorities (i.e., Canada West Associate Director, Communications and Marketing) within twenty-four hours of the completion of the event.
- 8.7 The use of recordings shall be allowed for challenges and the host institution shall provide a camera at each mat. All recording shall include a view of the official score clock as well as the entire mat.

9. MEDICAL SUPPORT SERVICES

Refer to Section 14 of the Canada West Operations Manual for host and visiting team responsibilities and skin check policy.

10. PROTESTS

Protests shall be managed in accordance with Wrestling Canada regulations. Protests concerning field of play issues will no longer be entertained due to the implementation of the "video review" process by Wrestling Canada.

11. FILM EXCHANGE (N/A)

12. INAPPROPRIATE CONDUCT AND SERIOUS MISCONDUCT IN COMPETITION

Refer to Section 6 of the Canada West Operations Manual for the policy and process for dealing with complaint of inappropriate conduct or incidents of serious misconduct in competition.

12.1 SUSPENDED/EJECTED COACH OR PLAYER

- 1. **A suspended/ejected coach must adhere to the following (for non-conference, league, and playoffs):**
 - a. **Will not be permitted anywhere within the playing venue from one hour before until 30 minutes after their games.**
 - b. **Coaches ejected during a game are to leave the vicinity of the playing surface, dressing rooms and benches, and cease all engagement with any participants, including players, coaches, officials, spectators etc. until 30 minutes after the game concludes.**

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APPENDIX A

Canada West Wrestling – Official Final Roster

School: _____ Head Coach Signature: _____

Weight Class	Athlete Name	Eligibility Yr.	Qualifying Event
50 W			
53 W			
56 W			
59 W			
63 W			
67 W			
72 W			
76 W			
76-82 W			
57 M			
61 M			
65 M			
68 M			
72 M			
76 M			
82 M			
90 M			
100 M			
100 - 125M			

APPENDIX C

Student-Athlete Community Service Award

Criteria:

9.3.1 Selected by the coaches Association.

9.3.2 Recipient who best exhibits outstanding achievements in three (3) areas: wrestling, academics, and community involvement.

Nomination:

Name _____ School _____

2019/20 Wrestling Achievements: (Win/Loss Record, placements, etc.)

Student's GPA: Last Term _____ Last Year _____

Community Service:

Please describe the nature of the student-athlete's community service involvement below. Information such as the name and type of agency the student-athlete has volunteered for, as well as the role the student-athlete has played will be helpful in determining the best candidates.
