

**2005-06 WOMEN'S VOLLEYBALL**

**Canada West Standings**

**Great Plains**

	<b>M</b>	<b>W</b>	<b>L</b>	<b>GP</b>	<b>GW</b>	<b>GL</b>	<b>P</b>
*Regina	20	12	8	76	47	29	24
*Winnipeg	20	12	8	76	41	35	24
Manitoba	20	11	9	76	42	34	22
Brandon	20	3	17	68	12	56	6

**Mountain**

*Alberta	20	15	5	74	52	22	30
*Calgary	20	14	6	76	49	27	28
Saskatchewan	20	4	16	74	22	52	8

**Pacific**

*UBC	20	19	1	70	57	13	38
*Trinity Western	20	15	5	73	51	22	30
Simon Fraser	20	3	17	72	18	54	6
Thompson Rivers	20	2	18	67	10	57	4

\*top six overall qualify for playoffs

**MPMWML SP SW SL Pts**

*UBC	20	19	1	70	57	13	38
*Trinity Western	20	15	5	73	51	22	30
*Alberta	20	15	5	74	52	22	30
*Calgary	20	14	6	76	49	27	28
*Regina	20	12	8	76	47	29	24
*Winnipeg	20	12	8	76	41	35	24
Manitoba	20	11	9	76	42	34	22
Saskatchewan	20	4	16	74	22	52	8
Brandon	20	3	17	68	12	56	6
Simon Fraser	20	3	17	72	18	54	6
Thompson Rivers	20	2	18	67	10	57	4

**VISITOR**

**HOME**

Fri	Oct 21	Thompson Rivers	0	Alberta	3
		Brandon	0	Regina	3
		Manitoba	2	Calgary	3
Sat	Oct 22	Thompson Rivers	0	Alberta	3
		Brandon	3	Regina	2
		Manitoba	0	Calgary	3
Fri	Oct 28	Simon Fraser	2	Thompson Rivers	3
		Winnipeg	3	Brandon	0
Sat	Oct 29	Simon Fraser	3	Thompson Rivers	0
		Winnipeg	3	Brandon	0
Fri	Nov 04	UBC	3	Alberta	2
		Simon Fraser	1	Brandon	3
		Thompson Rivers	0	Trinity Western	3
		Calgary	3	Saskatchewan	0
		Manitoba	1	Winnipeg	3
Sat	Nov 05	UBC	0	Alberta	3
		Simon Fraser	2	Brandon	3
		Thompson Rivers	0	Trinity Western	3
		Calgary	3	Saskatchewan	0
		Manitoba	2	Winnipeg	3
Fri	Nov 11	UBC	3	Thompson Rivers	0
		Brandon	0	Manitoba	3
		Saskatchewan	0	Alberta	3
		Winnipeg	0	Regina	3

Sat	Nov 12	UBC	3	Thompson Rivers	0
		Brandon	0	Manitoba	3
		Saskatchewan	0	Alberta	3
		Winnipeg	3	Regina	0
Sun	Nov 13	Trinity Western	3	Simon Fraser	0
Mon	Nov 14	Trinity Western	3	Simon Fraser	0
Fri	Nov 18	Trinity Western	0	UBC	3
		Alberta	3	Calgary	1
		Saskatchewan	0	Regina	3
Sat	Nov 19	Trinity Western	1	UBC	3
		Alberta	3	Calgary	0
		Saskatchewan	0	Regina	3
		Manitoba	3	Brandon	0
Sun	Nov 20	Manitoba	3	Brandon	0
Fri	Nov 25	UBC	3	Simon Fraser	0
		Brandon	2	Trinity Western	3
		Winnipeg	3	Saskatchewan	1
		Regina	2	Manitoba	3
Sat	Nov 26	UBC	3	Simon Fraser	0
		Brandon	0	Trinity Western	3
		Calgary	3	Thompson Rivers	0
		Winnipeg	3	Saskatchewan	0
		Regina	3	Manitoba	1
Sun	Nov 27	Calgary	3	Thompson Rivers	0
Fri	Dec 02	Trinity Western	3	Winnipeg	0
		Alberta	3	Brandon	0
		Regina	1	Calgary	3
Sat	Dec 03	Thompson Rivers	0	UBC	3
		Saskatchewan	1	Simon Fraser	3
		Trinity Western	3	Winnipeg	0
		Alberta	3	Brandon	0
		Regina	2	Calgary	3
Sun	Dec 04	Saskatchewan	3	Simon Fraser	2
		Thompson Rivers	0	UBC	3
Fri	Jan 06	Alberta	2	Trinity Western	3
		Regina	3	Thompson Rivers	1
Sat	Jan 07	Saskatchewan	1	Calgary	3
		Alberta	0	Trinity Western	3
		Regina	3	Thompson Rivers	0
Sun	Jan 08	Saskatchewan	0	Calgary	3
Fri	Jan 13	Trinity Western	3	Thompson Rivers	0
		Calgary	2	Alberta	3
		Saskatchewan	2	Manitoba	3
		Brandon	0	Winnipeg	3
		Simon Fraser	0	UBC	3
Sat	Jan 14	Trinity Western	3	Thompson Rivers	1
		Calgary	3	Alberta	1
		Saskatchewan	1	Manitoba	3
		Brandon	1	Winnipeg	3
		Simon Fraser	0	UBC	3

Wed	Jan 18	Winnipeg	0	Manitoba	3
Fri	Jan 20	UBC	3	Regina	2
		Thompson Rivers	2	Simon Fraser	3
Sat	Jan 21	UBC	3	Regina	0
		Thompson Rivers	3	Simon Fraser	1
		Winnipeg	2	Manitoba	3
Fri	Jan 27	Simon Fraser	0	Trinity Western	3
		Thompson Rivers	0	Manitoba	3
		Alberta	3	Saskatchewan	1
		Regina	3	Winnipeg	0
Sat	Jan 28	Calgary	1	UBC	3
		Simon Fraser	0	Trinity Western	3
		Thompson Rivers	0	Manitoba	3
		Alberta	3	Saskatchewan	1
		Regina	2	Winnipeg	3
Sun	Jan 29	Calgary	1	UBC	3
Fri	Feb 03	UBC	3	Trinity Western	1
		Simon Fraser	0	Calgary	3
		Winnipeg	1	Alberta	3
		Manitoba	1	Regina	3
Sat	Feb 04	UBC	3	Trinity Western	2
		Simon Fraser	0	Calgary	3
		Winnipeg	3	Alberta	2
		Brandon	0	Saskatchewan	3
		Manitoba	2	Regina	3
Sun	Feb 05	Brandon	0	Saskatchewan	3
Fri	Feb 10	Manitoba	0	UBC	3
		Trinity Western	2	Saskatchewan	3
		Regina	3	Brandon	0
Sat	Feb 11	Manitoba	0	UBC	3
		Alberta	3	Simon Fraser	0
		Trinity Western	3	Saskatchewan	2
		Calgary	2	Winnipeg	3
		Regina	3	Brandon	0
Sun	Feb 12	Alberta	3	Simon Fraser	1
		Calgary	3	Winnipeg	2

### Playoff Schedule

#### Canada West Quarter-Finals (Best of three)

Thurs	Feb 16	#6 Winnipeg	1	#1 UBC	3
		#5 Regina	1	#2 TWU	3
Fri	Feb 17	#6 Winnipeg	1	#1 UBC	3
		#5 Regina	3	#2 TWU	2
		#4 Calgary	0	#3 Alberta	3
Sat	Feb 18	#5 Regina	0	#2 TWU	3
		#4 Calgary	1	#3 Alberta	3

#### Canada West Final Four (3 QF + 1 wild card) @ UBC

Thurs	Feb 23	#3 Alberta	3	#2 TWU	2
		#4 Calgary	2	#1 UBC	3
Fri	Feb 24	Bronze #4 Calgary	2	#2 TWU	3
		Gold #3 Alberta	0	#1 UBC	3

**CIS National Championship  
March 2-4, 2006 @ Calgary  
Seedings**

1. UBC Thunderbirds (Canada West champions)
2. Laval Rouge et Or (QSSF champions)
3. Alberta Pandas (CW finalists)
4. Trinity Western Spartans (CW bronze)
5. Calgary Dinos (CW semis)
6. Montreal Carabins (QSSF finalists)
7. Windsor Lancers (OUA champions)
8. Saint Mary's Huskies (AUS champions)

**Tournament Schedule**

*Thursday, March 2*

QF #1: No. 2 Laval 3 No. 7 Windsor 0  
 QF: No. 6 Montreal 3 No. 3 Alberta 2  
 QF #3: No. 1 UBC 3 No. 8 Saint Mary's 1  
 QF #4: No. 5 Calgary 3 No. 4 Trinity Western 0

*Friday, March 3*

13:00 Consolation #1: AB 3 Windsor 0  
 15:00 Consolation #2: TWU 3 Saint Mary's 0  
 18:00 Semifinal #1: Laval 3 Montreal 0  
 20:00 Semifinal #2: UBC 3 Calgary 1

*Saturday, March 4*

10:00 5th: TWU 2 Alberta 2  
 10:00 Bronze: Calgary 3 Montreal 2  
 13:30 Gold: Laval 3 UBC 1

**Championship MVP**

Marylène Laplante, Laval

**RW Pugh Fair Play Award**

Myriam Aboumerhi, Montreal

**Championship All-Stars**

Amélie Rivet, Laval

Caroline Fiset, Laval

Emily Cordonier, UBC

Shelley Chalmers, UBC

Julie Young, Calgary

Laetitia Tchoualak, Montreal

Neda Boroumand, Calgary

**Canada West Conference Leaders**

**HITTING PERCENTAGE (Min. .20/3.0 attacks per set)**

	<b>G</b>	<b>Kills</b>	<b>Err</b>	<b>Total</b>	<b>Pct</b>
1. D. Jansen VanDoorn, TWU	43	82	19	153	.412
2. Liz Spear., TWU	42	119	34	221	.385
3. Tasha Holness, AB	68	162	48	302	.377
4. Shelley Chalmers, UBC	65	168	47	326	.371
5. Laura Spence, CAL	60	117	39	242	.322
6. Laura Duncan, REG	70	111	39	224	.321
7. Danielle Van Huizen, UBC	69	132	42	286	.315
8. Rhonda Schmuland, TWU	51	87	24	202	.312
9. Emily Cordonier, UBC	70	251	77	564	.309
10. Lindsay Poggemiller, MAN	73	194	52	480	.296

**KILLS (Minimum 2.00 per set)**

	<b>G</b>	<b>No.</b>	<b>Avg/S</b>
1. Tawana Wardlaw, AB	74	282	3.81
2. Emily Cordonier, UBC	70	251	3.59
3. Nicola Dirks, WPG	76	238	3.13
4. Amy Matthews, MAN	72	212	2.94
5. Marlee Bragg, WPG	76	223	2.93
6. Liz Spear, TWU	42	119	2.83
7. Lauren Perry, CAL	72	201	2.79
8. Kristin Brisebois, WPG	76	209	2.75
9. Tammy Jule, REG	58	159	2.74
10. Sabrina Barnes, MAN	73	200	2.74

**ASSISTS (Min.5.00 per set)**

	<b>G</b>	<b>No.</b>	<b>Avg/S</b>
1. Natalie Schwartz, CAL	75	822	10.96
2. Christa Desrochers, WPG	76	795	10.46
3. Jen Prokopetz, REG	76	753	9.91
4. Anna Paddock, TWU	73	720	9.86
5. Katie Davidson, MAN	71	670	9.44
6. Carla Bradstock, UBC	62	553	8.92
7. Tiffany Dodds, AB	72	626	8.69
8. Maja Cerovsek, SK	74	622	8.41
9. Kelly DeRoo, BR	68	468	6.88
10. Kristy Alblas, TRU	64	440	6.88

**SERVICE ACES (Min. 0.10 per set)**

	<b>G</b>	<b>No.</b>	<b>Avg/S</b>
1. Leigh Dreher, TWU	52	21	0.40
2. Jocelyn Blair, AB	68	27	0.40
3. Stephanie Kurz, UBC	39	14	0.36
4. Kristin Van Eck, AB	73	26	0.36
5. Julie Koepke, TWU	45	16	0.36

**BLOCKS (Min. 0.75 per set)**

	<b>G</b>	<b>Solo</b>	<b>Asst</b>	<b>Total</b>	<b>Avg/S</b>
1. Rhonda Schmuland, TWU	51	11	68	79.0	1.55
2. Tasha Holness, AB	68	14	77	91.0	1.34
3. Deanna Delisle, CAL	62	6	67	73.0	1.18
4. Kaitlyn Jackson, WPG	76	33	51	84.0	1.11
5. Erin Nieuwenburg, MAN	72	19	54	73.0	1.01

**POINTS**

	<b>G</b>	<b>K</b>	<b>SA</b>	<b>BS</b>	<b>BA</b>	<b>Pts</b>	<b>Avg/S</b>
1. Tawana Wardlaw, AB	74	282	13	22	36	335.0	4.53
2. Emily Cordonier, UBC	70	251	15	7	20	283.0	4.04
3. Liz Spear, TWU	42	119	12	4	38	154.0	3.67
4. Kristin Brisebois, WPG	76	209	15	18	50	267.0	3.51
5. Nicola Dirks, WPG	76	238	6	6	26	263.0	3.46
6. Lindsay Poggemiller, MAN	73	194	23	19	29	250.5	3.43
7. Shelley Chalmers, UBC	65	168	16	13	51	222.5	3.42
8. Amy Matthews, MAN	72	212	9	7	34	245.0	3.40
9. Tasha Holness, AB	68	162	13	14	77	227.5	3.35
10. Kaitlyn Jackson, WPG	76	182	13	33	51	253.5	3.34

**DIGS (Min. 1.00 per set)**

	<b>G</b>	<b>No.</b>	<b>Avg/S</b>
1. Neda Boroumand, CAL	75	302	4.03
2. Julie Blackburn, TWU	73	293	4.01
3. Celine Marks, MAN	72	269	3.74
4. Stephanie Zubriski, MAN	72	255	3.54
5. Elise Schill, SK	73	257	3.52
6. Laura Mireault, SFU	72	228	3.17
7. Kelly Cowan, REG	76	229	3.01
8. Krystle Bush, BR	56	164	2.93
9. Julie Young, CAL	53	150	2.83
10. Laura Plouffe, TRU	67	188	2.81

**Canada West Awards & All-Stars**

Player of the Year	Emily Cordonier, UBC
Rookie of the Year	Marlee Bragg, Winnipeg
Libero of the Year	Julie Blackburn, Trinity Western
Therese Quigley Award	Rhonda Schmuland, Trinity Western
Coach of the Year	Doug Reimer, UBC

<b>First Team</b>	<b>Second Team</b>
Emily Cordonier, UBC	Nicola Dirks, Winnipeg
Tawana Wardlaw, Alberta	Danielle van Huizen, UBC
Shelley Chalmers, UBC	Jenn Prokopetz, Regina
Natalie Schwartz, Calgary	Tasha Holness, Alberta
Tiffany Dodds, Alberta	Kristin Brisebois, Winnipeg
Liz Spear, Trinity Western	Lauren Perry, Calgary

#### **CIS Awards & All-Canadians**

Mary Lyons Player of the Year	Marylène Laplante, Laval
Mark Tennant Rookie of the Year	Jennifer Thomson, McGill
Libero of the Year	Julie Blackburn, Trinity Western
Therese Quigley TSN Award	Rhonda Schmuland, Trinity Western
Coach of the Year	Doug Reimer, UBC

<b>Position</b>	<b>Athlete</b>	<b>University</b>	<b>First Team</b>		<b>Faculty</b>
			<b>Year</b>	<b>Hometown</b>	
Hitter	Marylène Laplante	Laval	4	St-Elzear-de-Beauce, Que.	MBA
Middle	Melody Benhamou	Montreal	4	Abymes, Guadeloupe	Administration
Middle	Shelley Chalmers	UBC	5	Burnaby, B.C.	Human Kinetics
Left Side	Emily Cordonier	UBC	5	Vancouver	Arts
Setter / RS	Anastasia Danilova	Toronto	3	St. Petersburg, Russia	Arts & Science
Hitter	Caroline Fiset	Laval	4	Joliette, Que.	Education
Outside	Tawana Wardlaw	Alberta	5	Edmonton	Phys. Ed. & Recreation
<b>Second Team</b>					
Setter / LS	Tiffany Dodds	Alberta	2	Lucky Lake, Sask.	Phys. Ed. & Recreation
LS / RS	Christine Lamey	Ottawa	3	Kanata, Ont.	Leisure Studies
Left Side	Melissa Mann	Western	3	London, Ont.	King's College
Setter	Natalie Schwartz	Calgary	5	St. Albert, AB	Comm. & Culture
Middle	Liz Spear	Trinity Western	3	Langley, B.C.	Mathematics
Hitter	Laetitia Tchoualack	Montreal	1	Paris, France	Communication
Power	Jennifer Thomson	McGill	1	Rosemere, Que.	Physical Education
<b>All-Rookie Team</b>					
Power	Jennifer Thomson	McGill	1	Rosemere, Que.	Physical Education
Left Side	Marlee Bragg	Winnipeg	1	St. Andrews, Man.	Arts
Middle	Beth Clark	Regina	1	Regina	Campion Science
Setter / RS	Ali Greey	Toronto	1	Toronto	Arts & Science
Setter	Jennifer Holt	McMaster	1	Hamilton, Ont.	Kinesiology
Middle	Julie Rodrigue	Laval	1	St-Georges-de-Beauce, Que.	Industrial Relations
Power	Sasha Wilkins	Memorial	1	Gambo, Nfld.	Unspecified